

Holy Family Lunch Menu– May

Monday	Tuesday	Wednesday	Thursday	Friday
5/3 Country Fried Steak Corn Dinner Roll Fruit Choice	5/4 Hamburger on Bun Oven Fries Green Beans	5/5 Soft Shell Taco w/toppings Spanish Rice Cut Corn & Churro Fruit Choice	5/6 Italian Dunkers w/ meatsauce Green Beans Fruit choice	5/7 Bring your own lunch. Field Day!
5/10 K-3 Como Zoo trip Pack a lunch. 4-5 New Ulm	5/11 Hot Ham & cheese Sandwich Augratin Potatoes Green Beans Fruit choice	5/12 Pork Rib Sandwich Potato wedges Corn Fruit Choice	5/13 Chicken Nuggets Steamed Rice Peas Fruit Choice	5/14 Tony's Cheese Pizza Fresh Veggies Fruit Choice
5/17 Pizza Dippers w/ sauce Peas Fruit Choice Pudding	5/18 Chicken Patty on Bun California Blend Veggies Fruit Choice	5/19 Chicken Fajitas Spanish Rice Corn Fruit Choice	5/20 Pasta w/ Italian Meat Sauce Mixed Vegetables Fruit Choice Garlic Bread	5/21 Toasted Cheese Sandwich Tomato Soup Veggies w/ dip Fruit Choice
5/24 French Toast Sticks Sausage Tator Tots Fruit Choice	5/25 Picnic Day Holt Dogs Baby Carrots Fresh Fruit Chips , Cookie Popsicle	5/26 Hamburger on a bun Mixed Vegetables Oven Fries Fruit Choice	5/27 Turkey w/ Gravy Mashed Potatoes Fruit Choice Corn & Dinner Roll	5/28 Tony's Pepperoni Pizza Tossed Salad Fruit Choice Cookie
5/31 Remember Our Country's Heroes on Memorial Day 				

Menu Subject to Change Without Notice. Questions or Comments? Contact Dining Services At 320-864-2412

Items identified with * may contain pork. Bread, Fresh Fruit, choice of Milk Available Daily

Student Lunch \$2.00 Milk \$.50 Adult Lunch \$3.50

Entrees in bold are the primary component of a Balanced Choices Meal. Balanced Choices meals are nutrient dense offerings that go beyond nutritional standards set forth by the National School lunch program. Each meal is designed to meet 1/3 of students daily requirements for calories, no> than 10 % calories from fat and no< than 1300 mg of sodium.

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